

# AS LEADERS IN *SAME-DAY SURGERY,* WE PUT YOU FIRST

SurgiCare of Carlstadt is a fully accredited, Medicare-approved ambulatory surgical center that offers top-notch medical care in a warm, inviting setting.



Our surgeons are leaders in their therapeutic areas, and they work with an expert team of anesthesiologists, clinicians and office staff. Our state-of-the-art suites are equipped with the latest technology, which enables our surgeons to perform the latest and most efficient minimally invasive procedures.

Our treatment is unparalleled, but it's our personal approach to care that sets us apart.



Sovereign Health  
**SurgiCare**  
Carlstadt



## SurgiCare Surgical Associates of Carlstadt, LLC

630 Broad Street  
Carlstadt, NJ 07072

### NURSING DIRECTOR

Sal Mastroeni, RN

**(201) 355-1700**  
[www.sovereignhealthsystem.com](http://www.sovereignhealthsystem.com)

Sovereign Health SurgiCare centers are operated by Surgem LLC, a development and management company for ambulatory surgery centers.

# SAME-DAY SURGERY *close to home*



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*Accredited by the*

ACCREDITATION ASSOCIATION  
*for* AMBULATORY HEALTH CARE, INC.



## WHY CHOOSE A SAME-DAY SURGICAL CENTER?

Having your same-day procedure done at a smaller, privately owned multispecialty surgical center offers many advantages, including:

- **Safety**—Studies show that **serious postsurgical complications are extremely rare** after surgery performed at a same-day surgical center.<sup>1</sup> Additionally, **rates of postsurgical infections are 50% lower at same-day surgery centers**, compared with hospital-based surgery.<sup>2</sup> And in many cases, localized anesthesia can be used instead of general anesthesia, thus lowering the risk of adverse effects from anesthesia.
- **Cost**—Because same-day surgery centers don't assess the operating room, overnight admission and floor charges common at hospitals, most procedures are less costly. As a result, your co-pay could be hundreds of dollars lower whether you have commercial insurance or Medicare.
- **Convenience**—We're nearby. We're small and specialized, so you won't wait months for your procedure. And we have a complete imaging center on the premises, so you won't have to go off-site.

## WHAT WE OFFER



Our highly skilled surgeons perform the latest minimally invasive same-day procedures in the following therapeutic areas:

- Orthopaedics
  - First Outpatient Same-day Total Joint Program in the World
  - Same Day Total Hip and Total Knee Replacements
- Urology
  - Cystoscopy
  - Prostate biopsy
  - Circumcision
- General Surgery
  - Outpatient Bariatric Program
  - Hernia repairs, gallbladder removal, etc.
- Pain management
- Imaging (in same building)

**Board Certified for Anesthesiology.** Our team is ready to provide General, Sedation and Spinal anesthesiology for our minimally invasive same-day surgeries. Rest assured that you will be safe, and with no lasting effects.

## COME SEE WHAT WE'RE ABOUT

If you're considering same-day hip or knee replacement or need a general, pain management or urologic procedure, ask your primary care physician about SurgiCare of Carlstadt.



**Call (201) 355-1700 to arrange a tour of the facility before scheduling your procedure.**

We accept most major insurance plans.



### References

<sup>1</sup> Crawford DC et al. Clinical cost implications of inpatient versus outpatient orthopedic surgeries: A systematic review of the literature. *Othop Rev (Pavia)*. 2015;7(4):6177.

<sup>2</sup> Rizzo E. SSI rates: hospitals vs. ASCs, 2010. *Becker's Infection Control and Clinical Quality*. <http://www.beckershospitalreview.com/quality/ssi-rates-hospitals-vs-ascs-2010.html>. Accessed April 23, 2017.